



2026-2027

plaisir et bien-être au menu
chartwells
 serving up happy & healthy

CHEF'S TABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Beef Goulash With Side Salad served with choice of milk or Water \$7.50	Soft Beef Taco with Vegetable Rice served with choice of milk or Water \$7.50	BBQ Chicken Drumstick with mash potatoes and corn served with choice of milk or Water \$7.49	Home Made Chicken Fingers with Roasted Potato Wedges, Veggie stick & Dip served with choice of milk or Water \$7.50	Hot Diced Chicken on a Bun with mashed potato and corn served with choice of milk or Water \$7.50
VALUE MEAL	Chicken and Black Bean Burrito Bowl \$6.50	Pizza Roll & Side Salad \$5.25	Chicken Snack Wrap & Caesar Salad \$5.25	Grilled Cheese Sandwich with Home Made Chicken Noodle Soup \$5.25	Cheese Pizza Slice & 500ml Water \$5.25
WEEK 2	Classic Macaroni and Cheese with side of Veggies and Dip served with choice of milk or Water \$7.50	Chicken' Quesadilla with Sour cream and Salsa served with choice of milk or Water \$7.50	Sweet and Sour Rice bowl with Stir Fry Veggies served with choice of milk or Water \$7.50	Shepherds Pie with Side of peas served with choice of milk or Water \$7.50	Chicken Ranch Wrap with Carrot sticks and dip served with choice of milk or Water \$7.50
VALUE MEAL	Snack Plate with Chicken and Hummus \$6.50	1/2 Chicken Caesar Wrap & Baked Potato Wedges \$5.25	Buffalo Chicken Flat Bread with Side Salad \$5.25	Grilled Cheese Sandwich with Home Made Chicken Noodle Soup \$6.25	Cheese Pizza Slice & 500ml Water \$5.25